

# VOLUNTEER'S NEWSLETTER

## We need volunteers.

Welcome to your first monthly newsletter; thank you for your service and your patience with the transition to our temporary home. It's been a month now and I think we were finally settled in. Things needs bit of tuning but the general buzz is positive.

WOW, are we busy! The move has allowed easier access to more inner city family and it is quite noticeable. Add to that the loss of approximately 40% of the volunteer base and you can understand me when I say "HELP". Change of hours, no parking, and location change are but a few of the reasons volunteers have moved on. We now need to increase, train and support a solid framework of core volunteers that will lead us into our eventual new home. The vision is now being realized and so many will be served by it. For all those with interest please do not hesitate to call me at 385-2454. Your call will be returned, your questions will be answered and most importantly, your service work will be supported. Thank you.

Bob Frank, Volunteer Coordinator



## A Welcome

from Rev. Al Tysick & Rev. Dave Stewart

We are delighted to have you, the volunteers in the "ourplace" community, giving up a day or two each week to help in the many functions of the drop-in centre & soup kitchen

You are the people who make things happen and we are eternally grateful for your service to our "family".

## The "parts" of "ourplace":

Drop in centre - 713 Johnson

Office

Kitchen & food distribution

Drop-in staff

Clothing & toiletries room

Outreach programme

Individual assistance:

- advocacy, referrals, emergency medical aid, transportation, legal assistance, housing, employment, resume preparation, visitations to home, hospital or jail;

Upper Room - 919 Pandora

Administrave Office

Soup kitchen - 2meals a day, 6 days a week.

Rooms - 22 short term furnished rooms for men.

Small clothing Room & toiletries.

Counselling services

Bob? JCP

**"Unconditional love given in a non-judgemental way."**

## CALENDAR OF EVENTS

- staff retreats (usually Friday after welfare day).
- newsletter 15th of each month
- The first of quarterly volunteer meetings at the end of February.

## WORKSHOPS AND COURSES

- Feb. 25 onward: Pastoral / Spiritual care volunteer visitor training, 9:30 - 11:30am for 8 Saturdays.
- Feb. 22-23 - 11am - 3pm - Food Safe Course
- Watch for the following course offering in future:
- First Aid courses.
- Verbal Management of Aggressive Behavior in the Workplace
- an Enhanced training program available to all volunteers.

## Profile:

**Ronnie Buckley**

Kitchen Volunteer



*Ronnie has been working in the kitchen on Tuesday mornings since January of 25. Her background is in social work and health providing. She is also a registered herbalist. Ronnie enjoys the community of "our place" and the ability to "give back" by volunteering in this way.*

## Profile:

**Thelma**

**Hole**

Volunteer  
658-5403



*Thelma has been with the Open Door from its beginnings in 1986, organizing the volunteers. She was inspired by a talk by the founder Lawrence Moon and has been "growing and learning" ever since.*

## DONATIONS

Our space is limited and we can no longer accept all the donations we used to. (Please, no household items, large or small.)

Clothing- seasonal garments, socks trousers, shirts, under garments, footwear, belts

Bedding- blankets, sleeping bags, ground mats

Toiletries- feminine hygiene products, razors, toothbrushes, tooth paste, deodorant, brushes & combs.

Knapsacks, Backpacks, Small tents, towels,

Non-perishable foods: Canned other dry packaged foods.

Always money.....

## New Hours Of Operation

Mon to Fri 7 am thru to 3:30 pm

## Volunteer Shifts

7am-10am 10am-1pm 1pm-4pm

## Volunteer Help Line

Volunteers wishing information about any aspect of their work at "ourplace" are encouraged to call:

**385-2454 or 388-7112.** An experienced member of the staff will be happy to call back and help in whatever way possible.

## Profile:

**Rod**  
**MacPherson**

Staff

Feb 5, 1939-Jan 10, 2006

*Rod was a retired construction worker who volunteered at the Upper Room for about 12 years. Rod experienced personal growth during his time with us and liked the feeling her got from helping others. He felt that the staff, volunteers, and many of our clients were all part of his large extended family.*

